

# **MISTRAL: the best partner for your Erasmus + in Brescia- Lecco and in Lombardia**



Information guide 2016/2017



## BRESCIA: CITY OF ART AND ENTERTAINMENT

Brescia is a real capital in what working is concerned, which put it at the top of the Italian economic league, with one of the lowest percentage of unemployed people.

Brescia is also much more than this: it's a city of art and entertainment, good food and good wine, touristic city with its lakes and mountains. Through the streets of the inner city history blends with



modernity, culture with entertainment and tradition with new trends; the roman temple and the Santa Giulia museum with it's works of art on one side and Carmine quarter, the centre of the nightlife, on the other.

Brescia offers opportunities to satisfy every kind of requirement, from the theatres, with a huge show schedule, to the many discos, from the multiplex to the many restaurants where you can eat excellent typical dishes with a glass of our wine: Franciacorta.

The two lakes, Iseo and Garda, are reachable in about 40 minutes and they offer the possibility of long walking and relax; in the centre of Iseo Lake there's the biggest lacustrine island in Europe: Monte Isola, where the lovers of walking could reach the Santuario della Madonna della Ceriola, a shrine on the top pf the isle built in 1500.



## WHO WE ARE AND WHAT WE DO...

Just outside the inner city, Mistral is a non-profit cooperative founded by people with a long term experience in the field of youth mobility, youth policy, tourism, training and vocational guidance. Our main goals are: promotion of a sustainable development of the territory in collaboration with non-profit organizations/ associations, as well as business and production enterprises; promotion of the cultural and economic growth of young people and disadvantaged youth as well as their placement in the social contest.

Mistral's activities are: services in international mobility for youth and minors, such as: exchanges, internships, voluntary and au-pair services, including E.U. programmes; promotion and realization of recreational projects in the field of social and sustainable tourism such as: cultural events, performances, exhibitions,



seminars, meetings; itineraries and tours of responsible tourism; educational activities and training courses on environment and sustainable; marketing services for social and responsible tourism using information technologies and informational, educational and orientation services for youngsters and weak segments.

Thanks to the experience we gained in the last 10 years, since our constitution we have hosted successfully more than 600 participants from different European countries.

## WHAT WE OFFER TO THE PARTICIPANTS...

Mistral and its staff, with a long-term experience, are able to offer flexible services made upon the needing of every participant. We can offer:

**-PICK UP:** Mistral offers a pick up service from and to the airport through private bus or car

**-WELCOME KIT:** Mistral offers to the participant a

welcome kit with touristic information, information about local transport, useful addresses for every eventuality and advices to live the experience as good as it can be.

**-ACCOMMODATION:** Mistral finds accommodation for the participants of Erasmus + and TLN Mobility. Participants are accommodated in student / worker residence (with common kitchen), or in flat, or in family.

**-LANGUAGE CLASSES:** Mistral organizes language and intercultural courses of 20/40 hours, depending on the budget and on the length of the internship. The course will be organized in two levels (basic/medium – medium/high) depending on the knowledge of Italian of the participants. At the end of the language course, it will be given to everyone the certification.

**-CULTURAL ACTIVITIES:** Brescia offers many cultural opportunities, our monthly events calendar includes concerts, comedies, guided tours to the castle and churches, visits to museums, art galleries etc. On request, we can organize trips to the lakes, the mountains or to other cities, guided tours to wine cellars, bike rides or parties and cocktail in different languages.

**-PROFESSIONAL PLACEMENT:** Mistral finds placements according to participants' interests, skill and availability on the labour market. Mistral is in contact with many companies and organisations and placements can be found in any working field. The hosting company will look at the youngster CVs before giving the final approval and the tasks of the placement depends on the competences and on the knowledge of Italian language of the participant; the working hours will be agreed between the trainee and the hosting company, but they will not exceed 8 hours per day. During the internship

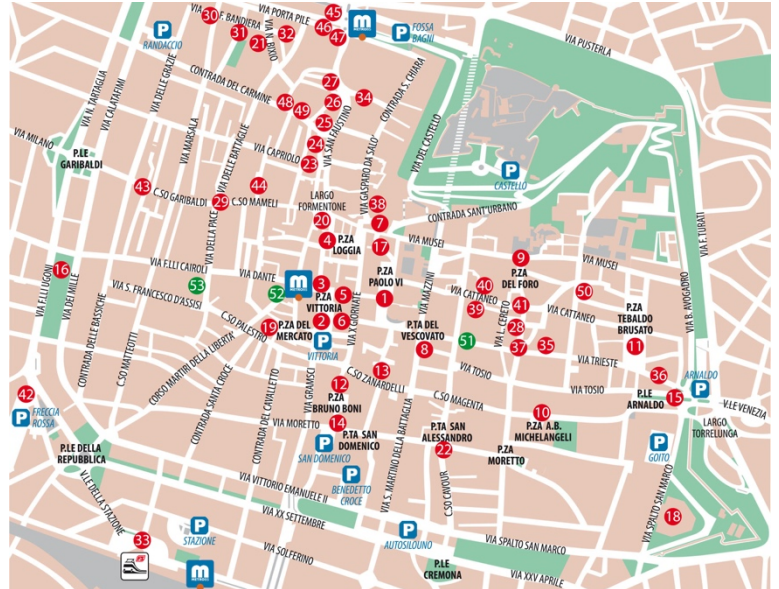


Mistral stays in close contact with the hosting company tutor as well as with the trainee as to guarantee a positive experience for both the parts. In order to guarantee the best success of the experience, full availability is required also by the trainee.

**-MONITORING:** During the whole internship Mistral keeps in touch with both the hosting company and the trainee in order to guarantee a positive experience for the two parts. Mistral guarantees that the participants will have all the support they need, they will also be invited to participate in Mistral activities in order to meet other people and to integrate themselves in the social context.

**- LOCAL TRANSPORT:** In case the participant needs to take a bus to reach the working place from his accommodation, the transport costs should be covered by a grant, except different agreement between sending and hosting organization. Mistral will give all the information to support the participants.

**-CERTIFICATIONS:** The participants will receive a language certificate and a certificate for the participation at the project. If required, Mistral will take care of the issue of the Europass Mobility.



## SOME NUMBERS WE ARE PROUD OF

Since its constitution Mistral has guaranteed successfully the mobility of more than 600 participants from many different European countries.

In some case, according on the educational qualification and the competences of the participants, the hosting companies have offered employment contracts to the trainee, even in their branches abroad.

The number of partners who work with Mistral in hosting the participant keeps growing; in the last year more or less 60 companies have worked with us making hosting them available.